

Glossary of types of care referred to in the report

Accommodation with Care & Support - A range of housing options where individuals live within private independent units but have care and support services available as required to support them.

Care home with Nursing/ Nursing Care - A care establishment which is able to provide care and nursing tasks. Registered nurses will be part of the staff. This type of home has to be registered with the Care Quality Commission (CQC).

Day Care - A non-residential facility that supports the health, nutritional, social support, and daily living needs of adults in professionally staffed, group settings.

Extra Care housing - Extra Care housing is an extension of traditional sheltered housing and allows adults to live as independently as possible, with the reassurance of onsite care support when they need it.

Reablement - Assistance with daily living activities and care tasks for a temporary period, usually up to six weeks, to enable a person to regain skills. This may often be someone who has been in hospital and needs some additional input for a short time to regain skills and confidence. This is sometimes referred to as a step down or intermediate care. This may be provided in a residential or nursing home environment, or through visits to people in their own homes.

Residential Care - An establishment where care is provided, rather than that care being provided in a person's own home. A residential care home has to be registered with the Care Quality Commission (CQC).

Respite Care - Short-term accommodation in a facility outside the home, often to provide carers with a break from caring.

Sheltered Housing - A traditional style of accommodation for older people consisting of private independent units of accommodation centred around communal facilities, with low level support available during working hours by an onsite scheme manager or floating support service.

Supported Housing - A style of accommodation suitable for all client groups consisting of private independent units of accommodation, sometimes centred around communal facilities, with support available during working hours by an onsite team of staff or floating support service.

Supported Living - An option of accommodation for people with learning disabilities. It offers a choice of independent living within a community where care and support can be delivered according to individual need across a range of settings.

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